## **Gourmet Picnic Boxes**

The Country \$18

 Organic red quinoa salad, seasonal vegetables, apple cider vinaigrette, Quebec feta cheese

- Sandwich selection of slow-roasted beef with old-fashioned mustard or chicken breast with thyme and olive oil — served on Italian ciabatta with young arugula, pickles, provolone cheese, aïoli and red onions
- Seasonal vegetables with herb dip
- Mixed nuts
- Chef's selection of sweet treats
- o Bottle of Flow water

The Gourmet \$24

East coast smoked salmon, fried capers, chive cream cheese, bagel crostini

- Entrée salad selection of flavoured chicken breast or oven-roasted Canadian salmon — served with mint pearl couscous, ratatouille with heritage tomatoes, lemon vinaigrette and seasonal greens
- Quebec cheese of the day, baguette, homemade jam and seasonal berries
- Mixed nuts
- o Gianduja chocolate tart with garnish of the day
- Bottle of Flow water

## The Young Discoverer (for kids)

\$10

- Crudités of the day and whole grain crackers
- Roasted turkey roll with Quebec cheddar cheese and mayonnaise
- Fresh fruit salad
- Homemade chocolate chip cookie
- Chocolate milk or apple juice

## **Orders**

- Each picnic box serves one person.
- Prices are per box, plus applicable taxes.
- Place your order by email to <u>cafepanorama.ca@sodexo.com</u>.
- A minimum of 24 hours' notice is required.
- For orders of six or more boxes, prepayment by credit card is required.
- Please mention any allergies when ordering.
- The containers in the picnic boxes are biodegradable, compostable and recyclable.
- We favour local produce.
- The picnic boxes are prepared using rigorous sanitary protocols.